

Professional Staff Support

Therapeutic Foster Care provides 24-hour support from professional social work staff. Each family is assigned a social worker for case management and support. The T.F.C. unit provides 24-hour emergency support for therapeutic foster families and clients.



Children are the living message we send to a time we will not see.

John Whitehead, Novelist

English

If you do not speak English, or if you are deaf, hard of hearing, or deaf/blind, you can have interpretation services provided for you at no charge. Tell the person helping you that you need an interpreter.

Hmong

Yog has tas koj has tsi tau lug aaski, los koj yog tuabneeg ruag, tsi nov lug, los yog tuabneeg ruag/tuabneeg dligmuag, koj yuav tau kev paab txhais lug dlawb le xwb. Qha rua tug kws paab koj ntawm ko has tas koj xaav tau paab txhais lug.S

Spanish

Si Ud. no habla inglés, o si es sordo, tiene dificultad para oír, o es sordo/ciego, se le podrán proporcionar servicios de interpretación sin costo. Dígale a la persona que le esté ayudando que necesita un intérprete.

What about you?

If you are interested in helping challenged young people achieve permanence in their lives, call:

Regina Arrowood

828-695-2115

NONDISCRIMINATION STATEMENT

In accordance with Federal law and U.S. Department of Agriculture (USDA) and U.S. Department of Health and Human Services (HHS) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. Under the Food Stamp Act and USDA policy, discrimination is prohibited also on the basis of religion or political beliefs.

To file a complaint of discrimination, contact USDA or HHS. Write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202)720-6382 (TTY). Write HHS, Director, Office for Civil Rights, Room 506-F, 200 Independence Avenue SW, Washington, DC 20201 or call (202) 619-0403 (voice) or (202) 619-3257 (TTY). USDA and HHS are equal opportunity providers and employers.



Catawba County Social Services

Therapeutic Foster Care

PO Box 669

Newton, North Carolina 28658

Telephone: 828-695-2115

Fax: 828-695-1393

Email: rarrowoo@catawbacountync.gov

Web Site: www.catawbacountync.gov/dss/

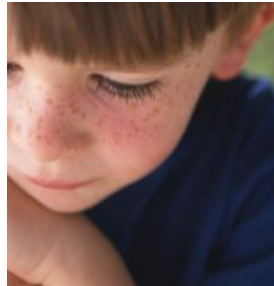
Make a Difference in a Child's Life



Become a
Therapeutic
Foster Parent

Family-based Treatment

Family-based simply means the family system is the environment for treatment as opposed to the child living in a group home. Children in Therapeutic Foster Care need not only a substitute “mommy and daddy;” they need a structured home with predictable expectations in order to gain a more appropriate sense of self-control and to learn to function in preparation for achieving a permanent, “forever” home.



Self-Esteem as a Foundation for Treatment

Every home or building needs a good foundation. We work with youth who have experienced major trauma in their lives. The most significant of traumas is the loss of *self-esteem*. The simplest definition of self-esteem is “how one feels about oneself.”

One very important task for a therapeutic parent is to help rebuild a child’s self-esteem and skills so the child can begin to see him or herself in a more positive light.

There are four key words to remember in building self-esteem: *lovable, capable, responsible and worthwhile*. These are the cornerstones upon which our foundation is built.

Who Can Become a Therapeutic Foster Parent?

- ◆ Resident of Catawba County or surrounding county who is at least 21 years of age.
- ◆ Primary parent must have a high school diploma or GED.
- ◆ Couples must have stable relationship for at least one year.
- ◆ Homes with adequate sleeping space.
- ◆ Household with no substantiated allegations of child neglect or abuse.
- ◆ Households that are financially stable before placing a child in the home.

Steps Become a Therapeutic Foster Parent

- ◆ Get a police background and fingerprint check on all adults living in the household
- ◆ Have Fire safety and Environmental or Health inspections
- ◆ Get medical exam and TB tests for ALL family members
- ◆ Complete Home Study conducted by Social Services staff
- ◆ Sign Agency Agreement
- ◆ Complete Training Provided by Therapeutic Foster Care
 - ◆ Pre-service Training
 - ◆ MAPP Training
 - ◆ CPR and First Aid Certification
 - ◆ Defensive Driving
 - ◆ Medication Administration Training

Expectations for TFP

- ◆ In-service training through the year
- ◆ Re-licensing conducted bi-annually

Therapeutic Foster Parents are the primary treatment providers involved in the following activities:

- Treatment Team meetings
- Therapy
- Transportation
- School meetings
- Medical and Dental appointments
- Documentation

Reimbursement/Stipend

The money provided to foster families, on a tax-free basis, is considered reimbursement for reasonable expenses incurred for providing care for children in State custody. Therapeutic Foster Care is reimbursed at a higher rate than other foster care because of the risk for increased expenses and to compensate therapeutic foster parents for the higher level of care and increased expectations of working with children who require therapeutic foster care. Reasonable expenses include:

- ◆ Clothing not covered by semi-annual clothing allowance
- ◆ Allowance money for the child
- ◆ School supplies
- ◆ Personal hygiene products

